



COMPREHENSIVE PHARMACOLOGICAL SERVICES FROM CONSULTATION TO COMPOUNDING

Our pharmacy is designed to deliver the custom solutions your patients require, and the most robust set of services for your practice. At a macro level, and as it specifically relates to BHRT, this includes but is not limited to the following:



BHRT CONSULTATION

Comprehensive patient resources, and other related educational materials, medical history and symptom forms



LAB REVIEWS

Recommended lab panels and clinical pharmacist lab reviews



MEDICATION THERAPY MANAGEMENT

Individual lab reviews, custom therapy plan recommendations and BHRT patient consults



COMPOUNDED BIOIDENTICAL HORMONES

Most effective medication with most efficient delivery methods—sublingual, creams, topical, and more



HOW WE HELP YOU DO MORE, FASTER AND BETTER MEDICATION THERAPY MANAGEMENT

We not only provide the most comprehensive lab reviews and patient consultations, we offer the only individual plan recommendations designed to optimize therapy outcomes.

This is proven to save practices such as yours a significant and invaluable amount of time and effort, produce better results faster, and further mitigate risk. Our expert team possesses more than 25 years BHRT experience, and our pharmacy currently maintains numerous clinical partnerships.

DOSAGE ADJUSTMENTS

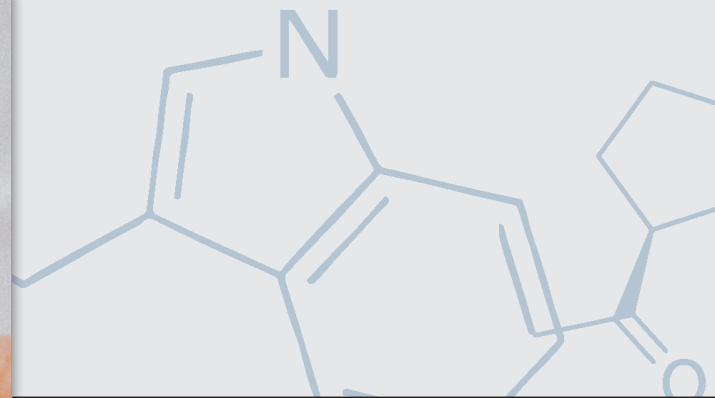
can be made immediately based on patient symptom feedback, and are routinely assessed at each patient check-up

ASSESS ABSORPTION

based on lab draws and recommend dosage and delivery adjustments

FOLLOW-UP ASSESSMENTS

based on labs and symptom sheet information



HOMETOWN PHARMACY

BIOIDENTICAL HORMONE REPLACEMENT THERAPY (BHRT)

THE UNIQUE ADVANTAGES FOR YOUR PATIENTS AND YOUR PRACTICE

SUBLINGUAL DELIVERY OFFERS MYRIAD OF ADVANTAGES¹

FAST DISSOLUTION

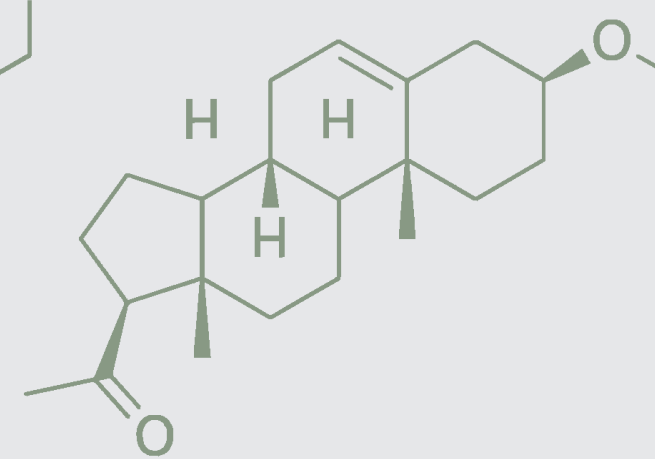
- Disintegration in oral cavity

RAPID & EXTENSIVE ABSORPTION

- High Vascularization
- No lag time from skin penetration seen in topical
- Lower variation in absorption vs topical application

BYPASS LIVER & DEGRADATION FROM DIGESTIVE ENZYMES

- Lower dosages
- Most effective medication with most efficient delivery methods – sublingual, creams, oral and more



SUBLINGUAL BIOIDENTICAL COMPOUNDS GREATER BENEFITS + INCREASED EFFICACY

Over a 6-month period, sublingual was more effective than topicals in alleviating vasomotor, mood, and quality of life symptoms by an average of **24%**.²

27% More effective in alleviating quality of life symptoms (includes fatigue, sleep disturbances, memory loss, depression)

20% More effective in alleviating mood symptoms (includes irritability, anxiety, emotional liability, depression)

26% More effective in alleviating vasomotor symptoms (includes hot flashes, night sweats)

Of 175+ women surveyed **65% said BHRT was more effective than Synthetic (BHRT w/ P4 vs HRT with Synthetic MPA)**³

We are a steadfast advocate for your patients and a committed partner to your practice. We are uniquely built to deliver the most customized BHRT solutions with the highest efficacy in the market today. We are also able to save your practice valuable time and effort, the result, in part, of our in-house team of BHRT experienced pharmacists and technicians whom produce the most comprehensive medication therapy management analysis and recommendations in the market today.

LET'S TALK

Monday-Friday: 8:30 am - 6:00 pm

Saturday: 9:00 am-1:00 pm

P: 850-801-1515

F: 850-801-1363

310 S. Ferdon Blvd.
Crestview, Florida 32536

¹ Narang et al.: *SUBLINGUAL MUCOSA AS A ROUTE FOR SYSTEMIC DRUG DELIVERY*. *Int J Pharm Pharm Sci*, Vol 3, Suppl 2, 2011, 1822

² Ruiz et al.: *The effectiveness of sublingual and topical compounded bioidentical hormone replacement therapy in postmenopausal women: an observational cohort study*. *Int J Pharm Compd*. 2014 Jan-Feb; 18(1): 70-7

³ Holtorf K et al: *THE BIOIDENTICAL HORMONE DEBATE: ARE BIOIDENTICAL HORMONES SAFER OR MORE EFFICACIOUS THAN COMMONLY USED SYTHETIC VERSIONS IN HORMONE REPLACEMENT THERAPY*. *Postgrad Med*, 121, 73-85, Jan 2009

